

CURRICULUM VITAE

Name: Laurence M. Westreich
Address 275 Central Park West #1A, New York, New York, 10024
Place of Birth Minneapolis, MN
Education 1983 B.A. Northwestern University
1988 M.D. University of Minnesota

Postdoctoral Training

Internships and Residencies

7/88 - 6/89 Internal Medicine Internship, Hennepin County Medical Center, Minneapolis, MN
7/89 - 6/92 Psychiatry Residency, Beth Israel Medical Center, New York, NY

Clinical and Research Fellowships

7/92 - 6/94 Substance Abuse Fellowship,
New York University Medical Center/ Bellevue Hospital

Licensure and Certification

1/3/91 Medicine and Surgery, New York, License #184592
9/22/97 Medicine and Surgery, New Jersey, License #66424
6/89 Diplomate, National Board of Medical Examiners,
Parts I, II and III, Certificate #357715
11/93 Board Certification in Psychiatry, American Board of
Psychiatry and Neurology, Certificate #38526
12/94 Added Qualifications in Addiction Psychiatry, American
Board of Psychiatry and Neurology, Certificate #764

Academic Appointments

1992-98 Faculty Member, New York University School of Medicine, New York, NY
1998-present Clinical Associate Professor, New York University School of Medicine, New York, NY

Hospital Appointments

7/92- 8/07 Clinical Assistant, Bellevue Hospital Center
1/93-3/07 Assistant Attending, Beth Israel Medical Center
4/98-12/08 Consulting Staff, Mountainside Hospital, Montclair, N.J.

Other Professional Positions

1/07 – present Member, Therapeutic Use Exemption Committee, ,PGA Tour
4/05 – present Member, Therapeutic Use Exemption Committee, United States Anti-Doping

	Agency (USADA)
4/03-present	Consultant on Drugs of Abuse, Major League Baseball
7/92-present	Private Practice
7/93 - 8/95	Director, Alcohol Inpatient Unit, Bellevue Hospital, N.Y.
9/95-6/98	Director, Dual Diagnosis Inpatient Unit, Bellevue Hospital, N.Y.
1/95-6/98	Associate Director of Training, Division of Alcoholism and Drug Abuse, New York University Medical School

Professional Societies

American Academy of Addiction Psychiatry
 Association for Medical Education and Research in Substance Abuse
 American Society of Addiction Medicine
 American Academy of Psychiatry and the Law
 New York University/Bellevue Psychiatric Society

Committee Assignments

9/93-6/98	Deputy Chairperson, Medical Education Subcommittee of the New York State Addiction Treatment Center (funded by the Center for Substance Abuse Treatment)
9/94-12/01	Chairperson, Undergraduate Medical Education Subcommittee, American Academy of Addiction Psychiatry
1/00 – 3/03	Addiction Committee, American Academy of Psychiatry and the Law
9/00 – 9/01	Liaison, from American Academy of Addiction Psychiatry to the American Psychiatric Association’s Assembly of Allied Organizations
12/01 – Present	Chairperson, Membership Steering Group, American Academy of Addiction Psychiatry
12/09 - Present	Vice-President, Board of Directors, American Academy of Addiction Psychiatry

Major Research Interests:

1. Forensic Issues in Addiction Psychiatry
2. Outcome Studies of Addiction and Dual Diagnosis
3. Therapeutic Alliance and Dual Diagnosis
4. Biological Treatments for Addiction
5. Trends in Heroin Use

Teaching Experience:

1991-1992	Taught course in addiction for Junior Residents, Beth Israel Medical Center
1992-1993	Lectured on AIDS related dementia for Medical Students, New York University School of Medicine
1994-Present	Lectured on treatment of addicted and dually diagnosed patients for Medical Students, Psychiatry Residents, and Addiction Psychiatry fellows, New York University School of Medicine
1994-Present	Supervising Psychiatrist for Psychiatry Residents and Fellows in Addiction Psychiatry, New York University School of Medicine

Miscellaneous

7/91- 6/92	Chief Psychiatric Resident, Beth Israel Medical Center, New York, NY
1995	Guest Editor, Primary Psychiatry, Volume 2, #7
1996	Guest Editor, Primary Psychiatry, Volume 3, #9

- 1998 New Investigator/Educator Award, Association for Medical Education and Research in Substance Abuse (AMERSA)
- 2003 Teacher of the Year Award, Division of Alcoholism and Drug Abuse, New York University School of Medicine

Publications

Westreich L: Assessing an Adult Patient's Suicide Risk. *Postgrad Medicine* 1991; 90(4):59-62

Westreich L, Bialer P: Delirium and Acute Psychosis. *Postgrad Medicine* 1992; 92(5):319-332

Westreich L, Rosenthal R: Physical Examination of Substance Abusers. *Postgrad Medicine* 1995; 97(4):111-123

Westreich L, Levine S, Ginsburg P, Wilets I: Patient Knowledge About Electroconvulsive Therapy: Effect of an Informational Video. *Convulsive Therapy* 1995(11):32-37

Castañeda R, Lifshutz H, Westreich L, Galanter M: Concurrent Cocaine Withdrawal is Associated With Reduced Severity of Alcohol Withdrawal. *Comprehensive Psychiatry* 1995; 36(6):441-447

Westreich L, Rosenthal R, Muran J.C.: A Preliminary Study of Therapeutic Alliance and Dually Diagnosed Inpatients. *American Journal on Addictions* 1996; 5:81-86

Castañeda R, Sussman N, Westreich L, Levy R, O'Malley M: A review of moderate alcohol intake on the treatment of anxiety and mood disorders. *J Clin Psychiatry* 1996; 57:207-212

Castañeda R, Levy R, Westreich L, Sussman N: Drug craving and other negative reactions after abrupt substitution of nefazadone for other serotonergic agents.(Letter) *J Clin Psychiatry* 1996; 57:585-486

Westreich L, Galanter M, Lifshutz H, Metzger E, Silberstein C: A Modified Therapeutic Community for Dually Diagnosed Patients. *Journal of Substance Abuse Treatment* 1996; 13:533-536

Westreich L, Galanter M: Training Psychiatric Residents in Addiction. *Substance Abuse* 1997; 18:13-25

Westreich L, Heitner C, Gitlin C, Galanter M: Perceived Social Support and Treatment Retention on an Inpatient Addiction Treatment Unit. *The American Journal on Addictions* 1997; 6:144-149

Westreich L, Galanter M, Baird D, Guedj P: Differences Between Men and Women in Dual Diagnosis Treatment. *The American Journal on Addictions* 1997; 6:311-317

Krakov DS, Galanter M, Dermatis H, Westreich LM: HIV Risk Factors in Dually Diagnosed Patients. *The American Journal on Addictions* 1998;7:74-80

Dermatis H, Galanter M, Egelko S, Westreich L: Schizophrenic patients and cocaine use: antecedents to hospitalization and course of treatment. *Substance Abuse* 1998;19:169-179

Leal D, Galanter M, Dermatis H, Westreich L: Correlates of protracted homelessness in a sample of dually diagnosed psychiatric inpatients. *Journal of Substance Abuse Treatment*. 1999;16:143-147

Taubes T, Galanter M, Dermatis H, Westreich L: Crack Cocaine and Schizophrenia as Risk Factors for PPD Reactivity in the Dually Diagnosed. *Journal of Addictive Disorders*. 1999;17(3)

Westreich, L: Addiction and the Americans with Disabilities Act(ADA). *J Am Acad Psychiatry Law*. 2002;30(3)

Books

Helping the Addict You Love, The New Effective Program for Getting the Addict Into Treatment, Simon & Schuster, April 2007

Book Chapters;

Castaneda R, Sussman N, Levy R, O'Malley M, Westreich L: A review of the effects of moderate alcohol intake on psychiatric and sleep disorders, in *Recent Developments in Alcoholism*, Volume 14, ed. Galanter M. Plenum Press, New York, 1998.

Rosenthal RN, Westreich LM: Treatment of persons with dual diagnoses of substance use disorder and other psychological problems, in *Addictions, A Comprehensive Textbook*, eds. McCrady BS, Epstein EE. Oxford University Press, New York, 1999

Westreich, L: Anabolic Androgenic Steroids, In *Substance Abuse, A Comprehensive Textbook*, 3rd Ed. Eds. Lowinson J, Ruiz P, Langrod J., Williams and Wilkins, *In Press*.

Westreich L, Leventhal E: Intervention, in *A Textbook of Addiction Treatment*, eds. Galanter M., Kleber H. American Psychiatric Press, *In Press*

Other Publications;

Westreich L: Modern Medical Training Confronts Guatemalan Poverty. *Minnesota Medicine* 1990; 73:19-22

Westreich L: AIDS Dementia Complex for the Primary Care Physician. *Resident and Staff Physician* 1990; 36(6):47-53

Westreich L: Doctors and Language: How We Confuse Our Patients. *JAMA* 1991; 265(1):117

Westreich L: Avoiding the Charge of Negligent Release (letter). *Am J Psychiatry* 1991;148:691

Westreich L: Medications Commonly Used in the Treatment of Chronic Substance Abuse. *Primary Psychiatry* 1995(7):60-63

Westreich L: The New Heroin Addict. *Primary Psychiatry* 1996(9):53-59

Westreich L: "Balliere's Clinical Psychiatry, drugs of Abuse." *Addiction* 1997(92):1374-1375
(Book review)

Westreich L: Getting the Addicted Person Into Treatment: What Families Can Do. *Primary Psychiatry* 1999(6):32-33

Westreich L: Turning Addiction Emergencies Into Catalysts for Change. *Current Psychiatry* 2002(12):51-57

Westreich L: Alcohol and Mental Illness. *Primary Psychiatry* 2005(12)53-57

Westreich L: *Journal of Addictive Diseases* 2007(26):4.90-91 (Book Review)

Westreich L.M, Finklestein, D: New medications for the treatment of substance use disorders. *Primary Psychiatry*. 2008;15(12):73-80

Presentations

Therapeutic Alliance and the Non-Traditional Psychotherapy Patient
Beth Israel Medical Center Department of Psychiatry Grand Rounds
June 18, 1992

Effect of an Informational Video About ECT (Poster)
American Psychiatric Association
San Francisco, CA
May 24, 1993

Inpatient Considerations in the Treatment of Alcoholism
New York State Department of Social Services Substance Abuse
Symposium
Albany, NY
April 9, 1994

Pharmacologic Treatment of Addiction
International Perspectives on Crime, Drugs, and Public Order
City University of New York
June 16, 1994

Chemical Dependency and Mental Illness: A Family Systems
Approach(Teleconference)
New York State Office of Mental Health
September 22, 1994

Patterns of Discharge from a Voluntary Inpatient Addiction Treatment
Program (Poster)
American Academy of Psychiatrists in Alcoholism and Addictions
San Diego, CA
December 2, 1994

Ethical Issues in Addiction Treatment
Westchester Psychological Association
Pace University
Pleasantville, NY
May 13, 1995

A Modified Therapeutic Community For The Dually Diagnosed
American Psychiatric Association
Miami, FL
May 22, 1995

Dual Diagnosis Treatment: An Overview
Metropolitan Hospital Dept. of Psychiatry
New York, N.Y.
June 9, 1995

Sub-Syndromal Depression in a Population of Hospitalized Addicts(Poster)
AMERSA Conference
Washington D.C.
November 10, 1995

Differences Between Men and Women in Dual Diagnosis Treatment
New York State Office of Mental Health Research Conference
Albany, NY
December 4, 1995

Biological Approaches to the Treatment of Addiction
Foundation for the Advanced Education in the Sciences
Bethesda, MD
November 16, 1996

Outpatient Treatment of Alcoholism
White Plains Service Center/Rockland Psychiatric Center
White Plains, NY
March 20, 1997

Treatment of the Dually Diagnosed Prisoner
Department of Justice, Corrections Program Office Conference
New Orleans, LA
April 24, 1997

The New Heroin Epidemic
American Psychiatric Association Annual Meeting
San Diego, CA
May 20 1997

Psychopharmacologic Treatment of Addiction
Psychopharmacology Update 1997
Baylor College of Medicine
Houston, TX
Nov. 2, 1997

Trends in Dual Diagnosis Treatment
Manhattan Psychiatric Center
N.Y., N.Y.
March 6, 1998

New Treatments For Heroin Dependence
American Psychiatric Association Annual Meeting
Toronto, Canada
June 4, 1998

Treatment of the Impaired Professional
Lenox Hill Hospital
New York, N.Y.
June 25th, 1999

Civil Commitment of the Non-Dangerous Addicted Person(Poster)
American Academy of Addiction Psychiatry
Nassau, Bahamas
December 4th, 1999

Epidemiology of the Substance Use Disorders
American Academy of Addiction Psychiatry Review Course
Albuquerque, New Mexico
January 23rd, 2000

Controversies in Treatment of the Dually Diagnosed Patient
University of Medicine and Dentistry
Newark, New Jersey
May 12th, 2000

Heroin in the New Millennium
Martha's Vineyard Hospital
Vineyard Haven, Massachusetts
June 16th, 2000

New Methods in Addiction Treatment
Jersey City Medical Center
Jersey City, New Jersey
October 24th, 2000

Addiction and the Americans with Disabilities Act(ADA)
American Academy of Addiction Psychiatry
Phoenix, Arizona
December 8th, 2000

Addiction in the Workplace: Legal Challenges and Opportunities
American Academy of Addiction Psychiatry
Amelia Island, Florida
December 16th, 2001

Addiction in the Workplace
Academy of Organizational and Occupational Psychiatry
San Diego, CA
January 20th, 2002

Using Anti-Addiction Medication in Office Practice
New York University Psychopharmacology Annual review
March 1st, 2003

Forensic Issues in Addiction Psychiatry
Beth Israel Medical Center
New York, N.Y.
April 3rd, 2003

Criminals and Professional Athletes: Drugs and the Law

Silver Hill Hospital
New Canaan, CT
February 5th, 2004

Drugs In Sport
The Addiction Institute
St. Lukes/Roosevelt Hospital
New York, N.Y.
May 17th, 2005

Addiction and Mood Disorders
Depression and Bipolar Support Alliance
Morristown, N.J.
September 28th, 2006

Performance Enhancing Substances in Major League Baseball
American Academy of Addiction Psychiatry
St. Pete's Beach, FL
December 8th, 2006

Talking to the Addict's Loved Ones
The Addiction Institute
St. Lukes/Roosevelt Hospital
New York, N.Y.
February 28th, 2007

Steroid Use in American Sports
The American Society of Addiction Medicine
Toronto, CA
April 11th, 2008

Anabolic Androgenic Steroids
American Academy of Addiction Psychiatry
Los Angeles, CA
December 5th, 2009